

**Department of Family Medicine and Primary Care
The University of Hong Kong**

Lunchtime Seminar
Learning from the 3D Trial
(The biggest RCT on multimorbidity)

Date **September 30, 2019 (Monday)**

Time **1:00 – 2:00 pm**

Venue **Conference Room, Department of Family Medicine and Primary Care, 3/F, Ap Lei Chau Clinic, 161 Main Street, Ap Lei Chau**

Professor Stewart Mercer

Professor of Primary Care and Multimorbidity
Usher Institute
College of Medicine and Veterinary Medicine
The University of Edinburgh



About Professor Stewart Mercer

Professor Mercer, an academic general practitioner, is Professor of Primary Care and Multimorbidity in The University of Edinburgh. He has been Professor of Primary Care Research in University of Glasgow since 2008. He is the current Director of the Scottish School of Primary Care, a consortium of nine Scottish Universities including Edinburgh. He is a Fellow of the Royal College of General Practitioners (since 2006), and a previous Director of Quality at RCGP Scotland. He was elected Fellow of the Royal College of Physicians of Edinburgh, and Fellow of the Faculty of Public Health Medicine, both in 2017. He is an Adjunct Professor of Primary Care at the Chinese University of Hong Kong, and was Visiting Professor in Family Medicine at McMasters University (2017) and Melbourne University (2012).

Professor Mercer is leading authority on the needs of people with multiple complex conditions (multimorbidity) and is internationally recognised for his pioneering work on this topic in primary care, in relations to both ageing and socioeconomic deprivation. He has also extensively researched the importance of relational empathy in the clinical encounter, and the role of novel approaches such as mindfulness in improving patient outcomes across a range of conditions.